Sicilian 'Bones of the Dead' Biscuits

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These sweet biscuits are an Italian tradition, with a crispy and crunchy outer shell whilst being moist and cake-like on the inside. They take a day to make as you have to leave them to rise, so make sure to plan ahead!

Ingredients:

250g plain flour250g icing sugar3 eggs2 dstsp. baking powder1 dstsp. vanilla extract1 tbsp. ground cloves

Directions:

- 1. Sieve the flour and icing sugar into a large bowl. Stir in the baking powder and cloves, then beat in the eggs one at a time.
- 2. Stir in the vanilla extract and then roll the dough into 2cm balls.
- 3. Place the balls on a greased baking tray and cover with a tea towel. Leave overnight to rise and spread.
- 4. Cook in a 160C oven for 10 15 minutes until browned.
- 5. Leave to cool completely before serving.

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